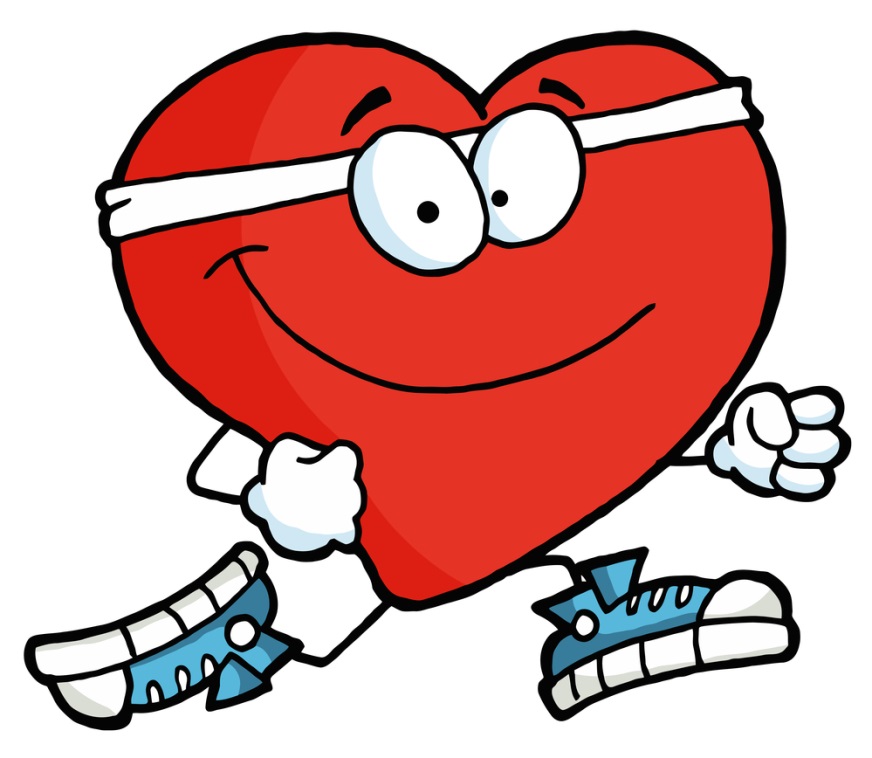
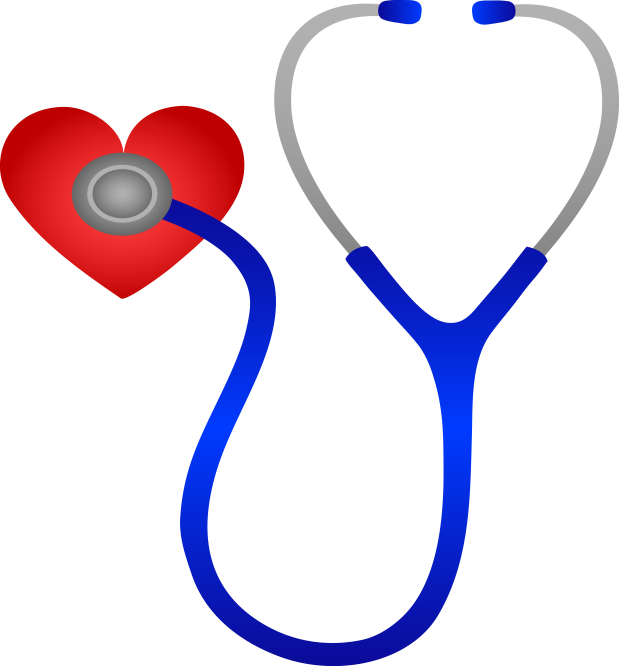




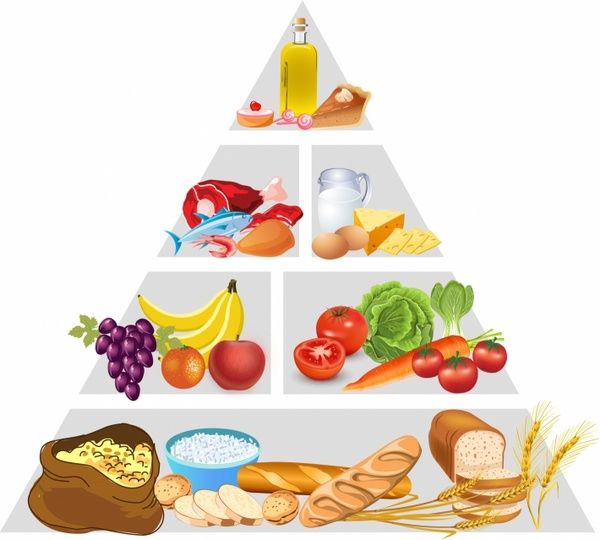
EGZERSİZ YAP



SAĞLIĞINI KORU

SAĞLIKLI BESLEN



DÜZENLİ UYKU